

Objective

The objective of the TBBA is to teach Bailong Ball according to the guidelines and exercise methods of Professor Bai Rong. In order to guarantee a quick and extensive spreading of the game, an **ASSISTANT** licence was introduced in 2007.

§1 Definition: TBB-Assistant (TBB-ASSI)

- **TBB-ASSI** is the first (lowest) level, to **TRAINER** (second level), **INSTRUCTOR** (third level) and **MASTER** (fourth level). The *TBB-ASSI certificate* issued by the TBBA is the certificate of acknowledgment for *TBB-ASSI*.
- The *TBB-ASSI* is entitled to give – on their own account – Taiji Bailong Ball *presentations and demonstrations* to a maximum of 2 hours.
- the giving and coaching of *trainings* is solely allowed under supervision and coaching of a certified trainer. A course/workshop will therefore always be organized by a trainer. The first 3 hours will be given by the trainer personally.
- The trainer must be present every 8 training modules during courses running throughout the year. (1 training module = 60 minutes)

§2 Conditions for the TBB Assistant

- The training for *TBB-ASSI* must be performed by a certified trainer.
- The training must be at least 30 hours.
- The training must include the following techniques:
 1. All techniques that do not require any rotations from racket or pulse (U-swing; short 180° Rotation in U-swing; large 180° Rotation over shoulder; Lying 8; Reversed 8; Spiegelswing; Horizontal rotation; Diagonal rotation; Vertical rotation; Under the leg; Behind back).
 2. The 8 basic techniques Multiplay (in particular the 4 core techniques which can be trained alone: high/low forehand; high/low backhand; high/low backhand with side grip; alongside the torso left/right).
 3. Taiji Bailong Ball basic form.

§3 TBB-Assistant Certificate

The *TBB-ASSI Certificate* guarantees a successful completion of the training; the following conditions must have been met:

1. The complete performance and control of the points mentioned in §2.
2. The assessment of the performance and control will take place according to the objective view of the local trainer on the basis of the principles of Professor Bai Rong.
The instructor can either assess the *TBB-ASSI* 's performance at the spot or by means of a recording on DVD/video of the required exercises.
3. An obligatory membership of the TBBA (currently € 30 subscription fee per year)
4. The payment of the examination fee (€ 50) to the TBBA.

When the above conditions have been met, the TBBA issues a licence which will be valid for 1 j year; this licence will be handed out by the local trainer.

For prolongation of the licence, annual Supervision by the certified trainer is necessary.

§4 Conditions for the TBB-Trainer who offers TBB-ASSI- trainings:

If a trainer offers a *TBB-ASSI-course* he or she must ask permission to the TBBA or an Instructor. The annual approval depends on the following:

1. The trainer of the *TBB-ASSI-course* must have a valid trainer certificate issued by the founder, Professor Bai Rong.
2. The trainer must at least have participated in a TBB trainer Supervision; this must be followed annually without interruption.
3. Indication of time, place and possible cooperation with third parties for the TBB-ASSI training.

§5 Rights and obligations of the TBB-Trainer

Following the required approval of TBB-ASSI-training, the trainer will declare to give the classes according to the standards and principles of the founder, Professor Bai Rong and the TBBA.

The trainer is allowed to use the TBBA-brand and the TBBA-logo for the aforementioned purposes.

§6 Financial settlement

- The trainer will provide suitable training locations and time slots for a *TBB-ASSI-training*.
- The trainer acts entirely on his own responsibility.
- The TBBA only requests the examination fee and annual subscription fees of the TBB-ASSI candidate.
- If the TBB-ASSI follows a programme for Trainer he will receive a 30% discount on tuition fees.

Status: 2009

W.G. Xiaofei Sui (Chairman TBBA and Instructor)